Knox Family Time

Jan.

A Time to Connect With Each Other Throughout The Week

Questions Connected to our Scripture:

- How do you think the Israelites were feeling?
- *Have you ever been through a hard time?*
- How did God care for you during this hard time?

This Week's Scripture:



Godly Play:

Ms. Kim is teaching us about when <u>Baby Jesus was dedicated.</u> Thanks Ms. Kim!

"Hard Times..." A Family Devotional

This week we started a new sermon series and we are going to be spending a lot of time in the Old Testament, in Exodus to be more specific. The Old Testament, at times, can be harder for younger kids to understand, but there is still great tidbits to learn. During this passage, a new pharaoh has come into power. One who feels threatened by the Israelites, one who imprisons the Israelites and makes them do very harsh work.



I had a difficult time with how to connect this passage to the kids. But, we have all been through a hard time before. A time where we might have said, "Why is God letting this happen? Why isn't he helping right now? "I'm sure God's people were wondering the same thing. We have to remember, that God works in mysterious ways. We don't always know how or why suffering is allowed to happen. However, we do know that we are always in God's hands. God works through people and situations to help thought who suffer. It is through those hard times that we can come out stronger.

Dear God,

You are our strength and our refuge. As we journey through life, we know that we may have sad times as well as happy times. When we are in trouble, let us turn to you. Keep us steady and renew us through the Holy Spirit inside us both this day and forever. In your name we pray, Amen.



If you're looking for some more things to do together as a family, here are a few ideas >>>

A Conversational Quote:

What have been some trials that you have gone through as a family?

What are some things that you can do together as a family to get through difficult times?



Did you know?

The <u>YouVersion Bible</u> <u>App</u> has devotions for kids and families. It is a great way to gather multiple versions of the same verse and to pull up verses quickly. It's also free!





Fun Questions:

- What is your favorite thing to do in the snow?
- Would you rather go sledding or build a snowman?
- Would you rather climb a mountain or go white water rafting?
- Who is a famous person that you would like to meet?
- What is your favorite color?
- If you could be any animal, what would you be?

Story Time:

You can listen to Ms. Erin read <u>Home By Another Way</u> written by Barbara Brown Taylor, which is a story about the Wise Men and how they were changed during their visit with Jesus.

You can also listen to Ms. Erin read <u>Simon and the Big, Bad,</u> <u>Angry Beasts</u>, which is about controlling our anger and emotions when we feel frustrated.

Fun Activity:

LET THE KIDS COOK DINNER!

In our house, we sure are missing our Kids in the Kitchen program. However, our girls love to be in the kitchen. Have your children either help you make dinner or make dinner on their own. Have them help chop vegetables, measure ingredients, stir, etc.



Mission Spotlight...



This week's mission spotlight is on the Presbyterian Women and one of the missions that they support. They will collect used postage stamps that are carefully trimmed with scissors (leave about ¹/₄ inch border). After collecting these stamps, they are sent to Alliance Stamp Ministry in Shell Point, Florida. The funds support various missions and support a project in Latin America called the "Sunday School Curriculum Project," where Sunday school materials for children are printed in Spanish. <u>Here is an article</u> that explains more...